

Outer West Area Committee Well Being Fund
Commissioning of Service

Project Name: Capacity Building and Community Support to Swinnow, Gamble Hill, Heights and GreenThorpe Neighbourhood.

Lead Organisation: Area Mgmt, Healthy Living Network Leeds, BARCA Leeds.

Project Delivery - How will the project be delivered? (list any partners involved in the project):

This project is devised as part of the exit strategy for the Gamble Hill, Heights and GreenThorp Local Action Management Plan and to support the Swinnow community following investment in Swinnow Community Centre.

The project will commission BARCA Leeds and Healthy Living Network Leeds to recruit manage and deliver a Community Development Worker to support and build community capacity in Swinnow, Gamble Hill, Heights and Greenthorpe neighbourhoods. The project will also deliver 6 health and well being programmes such as Top to Toe Health, Let's Talk Money, Just 4 Tenants, Make Do and Mend, Relax, Release and Revitalise, Shimmy Shake and Feel Great. These courses will be delivered consecutively over a 12 month period.

Project Summary (include a brief description of the main activities, why the project is needed and links to key priorities):

The project has been developed in response to the community needs of Swinnow, Gamble Hill, Heights and Greenthorpe neighbourhoods which are deprived areas in Pudsey and Farnley and Wortley Wards. The project is designed to support the Local Area Management Plan and to be the main focus of an exit strategy for these priority neighbourhoods.

Local bases which could be used and supported to deliver the work are Swinnow Community Centre and Heights Community Centre the former having a newly appointed Community Association, and the latter supported by the Church of the Ascension, Heights.

A Community Development Worker will support community associations and residents groups to devise and deliver activities in partnership with other agencies. These activities could be:

- to develop a local sports group to use the large green space facing the centre plus the new play area which will be installed by Parks and Countryside in the new year.
- a mum and tot's group in partnership with adjacent library.
- To work with the Youth Service to develop a girls group.
- To deliver an arts and craft session for older people
- To start a local knitting circle etc.,
- To develop a gardening/grow your own club
- To signpost local people to information, advice and guidance regarding jobs and training, health issues, benefits advice, housing etc.,
- To signpost young people who are not in education employment or training to information advice and guidance
- To deliver capacity building courses around money management, healthy eating and

exercise,

Through these activities and working together over a 12 month timescale it is hoped that the communities grow in confidence and become more empowered to be involved in community life.

- **Outcomes (summarise the main outcome/output/benefit the project will achieve):**
- Increased involvement in the neighbourhood by local people.
- A more engaged and cohesive community who know each other and are willing to support their neighbourhood.
- Increased take up of advice and support leading to improved economic and social well being.
- A thriving community centre which serves local people.
- Improved perception of community safety as young people are more engaged.

Project Cost. Please indicate :

9 hrs per week (SO2.34) x £22.00 x 52 weeks. £10,296
Pension £772.00
National Insurance £1,318
Management Fee 15%
6 Courses at £900.00
1 Course at £1,300

Total Cost = £22,088

Identify which geographic areas will benefit:

Swinnow, Gamble Hill, Heights and Greenthorpe neighbourhoods, Pudsey, Farnley and Wortley wards.

How much Well Being Funding is sought and breakdown between capital and revenue)

£ 22,088

Who will be in receipt of the financial order. (name of the organisation and contact details)

Mark Law, CEO,
BARCA-Leeds,
Manor House,
259, Upper Town Street,
Bramley,
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